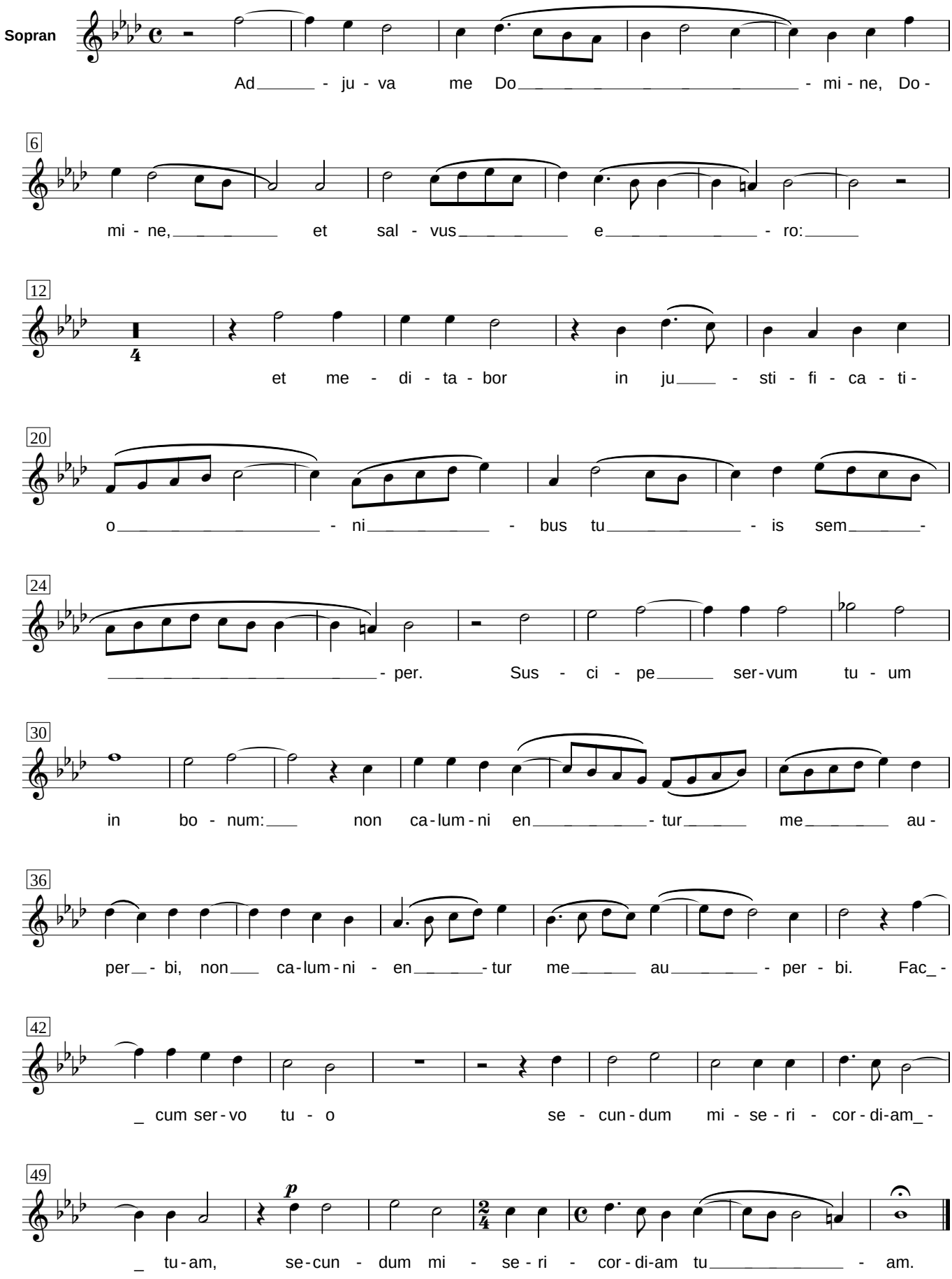Adjuva me Domine Jean Conseil (1498 - 1535)