

*Mécanisme et Vélocité.*

# Cours de Piano

*PROGRESSIF.*



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PAR

**CH. NEUSTEDT**

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# EXERCICE GYMNASTIQUE

Pour le Piano  
par  
CH. NEUSTEDT.

1<sup>re</sup> PARTIE.

## PREMIÈRE SÉRIE.

N<sup>o</sup> 1. Lentement.

Tempo: 1. 2. 3. 4. 1. 2. 3. 4. 1. 2. 3. 4.

Il faut beaucoup lever les doigts jouer fort et ne pas remuer les bras.

1. 2. 3. 4. repos.

N<sup>o</sup> 2. Chaque exercice doit être répété au moins cinq fois.

*f*

repos.

Le 4<sup>e</sup> doigt, qui est le plus faible, doit être surveillé particulièrement.

№ 3.



№ 4.



№ 5.



No 6.

1. 2. 3. 4.

repos.

## DEUXIÈME SÉRIE.

No 7.

1. 2. 3. 4.

repos.

No 8.

repos.

No 9.

repos.

N<sup>o</sup> 10.

N<sup>o</sup> 11.

N<sup>o</sup> 12.

## TROISIÈME SÉRIE.

N<sup>o</sup> 13.

Il ne doit pas y avoir la moindre raideur dans les bras

N<sup>o</sup> 14.

## EXERCICES POUR PARCOURIR LE CLAVIER.

N<sup>o</sup> 15.

Exercise 15, measures 1-10. The score is in 7/4 time. Measures 1-5 show ascending and descending scales in both hands. Measures 6-10 continue the scale patterns, ending with a whole rest in both hands labeled "repos".

N<sup>o</sup> 16.

Exercise 16, measures 1-20. The score is in 7/4 time. Measures 1-10 show complex scale patterns with fingerings indicated above and below the notes. Measures 11-20 continue the patterns, ending with a whole rest in both hands labeled "repos".

## No 17.

repos.

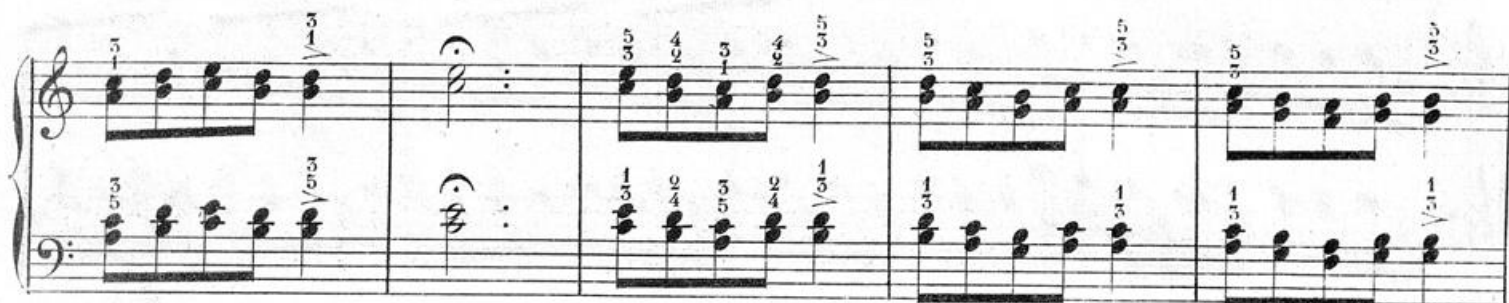
## No 18.

repos.

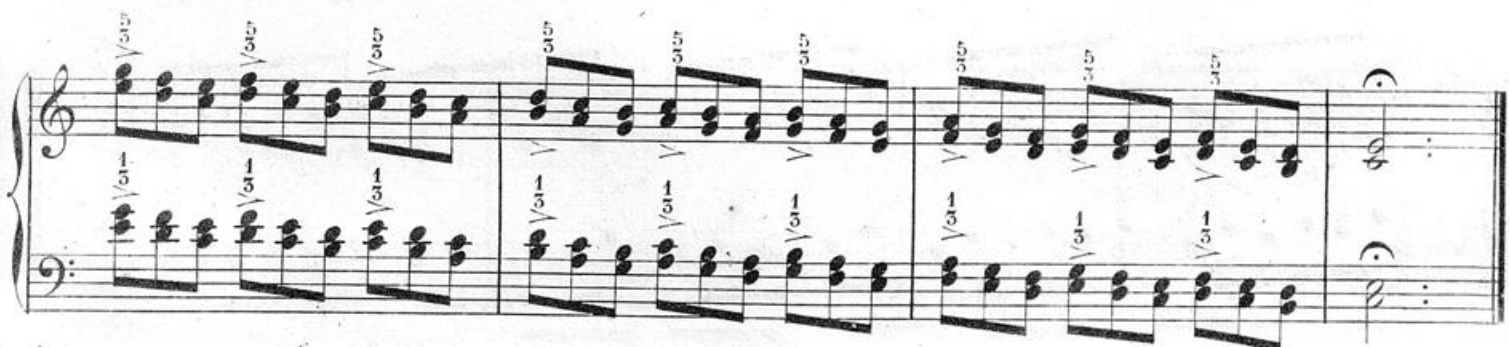
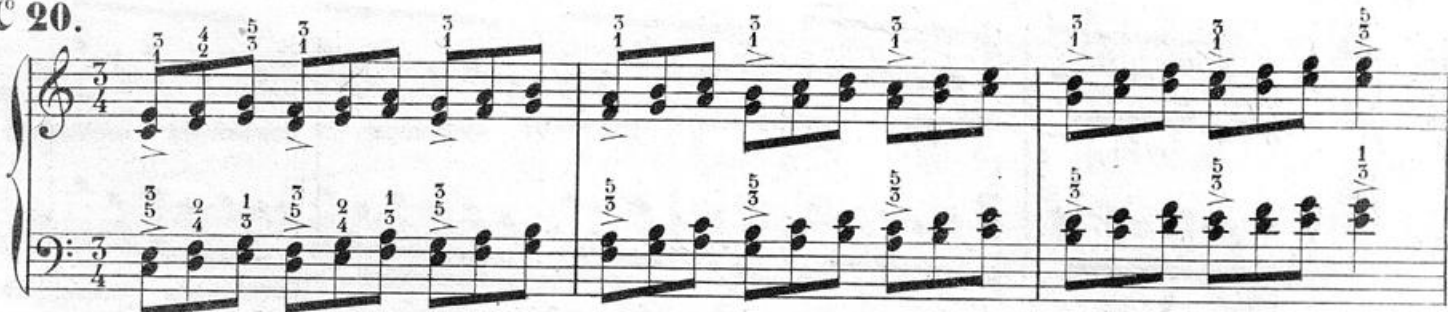
QUATRIEME SERIE.

7

№ 19.



№ 20.



## No. 21.

This musical exercise, No. 21, is presented in six systems, each consisting of a treble and bass staff joined by a brace. The key signature is one flat (B-flat), and the time signature is common time (C). The exercise begins with a forte (*f*) dynamic. Fingerings are indicated by numbers 1 through 5 above or below the notes. The first system includes a sequence of notes with fingerings: Treble (1, 5, 4, 5, 3, 5, 2, 5) and Bass (1, 2, 1, 5, 1, 4, 1). The second system continues the pattern. The third system features a repeat sign in the bass staff. The fourth system includes a rest for the bass staff, indicated by a semibreve with a circle below it, and the word "repos." below the staff. The fifth system continues the exercise. The sixth system concludes with a final rest for the bass staff, also marked with a semibreve and a circle below it, and the word "repos." below the staff.

№ 22.

Exercise № 22, measures 1-5. The piece is in C major, 2/4 time. Measures 1-4 are marked with a forte 'f' dynamic. Measure 5 contains a repeat sign and a 'repos.' (rest) instruction. Fingerings are indicated by numbers 1-5 above or below notes.

Exercise № 22, measures 6-9. Continuation of the piece. Measures 6-9 show further melodic and harmonic development with consistent fingering.

Exercise № 22, measures 10-13. Continuation of the piece. Measures 10-13 show further melodic and harmonic development with consistent fingering.

№ 23.

Exercise № 23, measures 1-4. The piece is in C major, 2/4 time. Measures 1-4 show the initial melodic and harmonic material. Fingerings are indicated by numbers 1-5.

Exercise № 23, measures 5-8. Continuation of the piece. Measures 5-8 show further melodic and harmonic development with consistent fingering.

## N° 24.

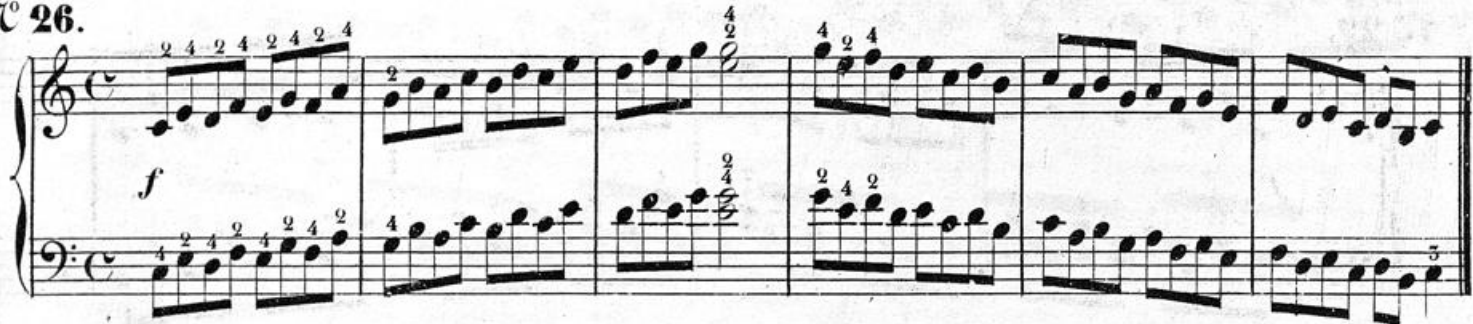


## CINQUIÈME SÉRIE.

## N° 25.



## N° 26.



## N° 27.

Lentement et du poignet.



repos.

repos.

№ 28.

№ 29.

№ 30.

## SIXIÈME SÉRIE

(PASSAGE DU POUCE ET PRÉPARATION AUX GAMMES)

## N° 31. MAIN DROITE SEULE



## N° 32. MAIN GAUCHE SEULE



## N° 33.



№ 34.

Exercise № 34 is a piano piece in C major, 2/4 time. It consists of two systems of four measures each. The first system begins with a forte (*f*) dynamic. The melody in the treble clef is an ascending eighth-note scale (C4-D4-E4-F4-G4-A4-B4-C5), with fingerings 1-2-3-4-5-6-7-8. The bass clef accompaniment consists of a descending eighth-note scale (C4-B3-A3-G3-F3-E3-D3-C3), with fingerings 5-4-3-2-1-2-3-4. The second system continues the scales, with the treble clef descending (C5-B4-A4-G4-F4-E4-D4-C4) and the bass clef ascending (C3-D3-E3-F3-G3-A3-B3-C4). The third system repeats the ascending/descending pattern. The fourth system concludes with a whole note chord (C4-E4-G4) in the treble and a whole note chord (C3-E3-G3) in the bass, marked with a fermata.

№ 35.

Exercise № 35 is a piano piece in C major, 2/4 time. It consists of two systems of four measures each. The first system begins with a forte (*f*) dynamic. The melody in the treble clef is an ascending eighth-note scale (C4-D4-E4-F4-G4-A4-B4-C5), with fingerings 1-2-3-4-5-6-7-8. The bass clef accompaniment consists of a descending eighth-note scale (C4-B3-A3-G3-F3-E3-D3-C3), with fingerings 5-4-3-2-1-2-3-4. The second system continues the scales, with the treble clef descending (C5-B4-A4-G4-F4-E4-D4-C4) and the bass clef ascending (C3-D3-E3-F3-G3-A3-B3-C4). The third system repeats the ascending/descending pattern. The fourth system concludes with a whole note chord (C4-E4-G4) in the treble and a whole note chord (C3-E3-G3) in the bass, marked with a fermata.

N<sup>o</sup> 56.

Le poignet doit rester droit pendant le passage du pouce.

## SEPTIÈME SÉRIE.

N<sup>o</sup> 57.

*f*

N<sup>o</sup> 58.

*f*

## MAIN DROITE SEULE

No 39.

Il faut laisser la main en place et ne pas bouger le coude.

No 40 MAIN GAUCHE SEULE

## PRÉPARATION AUX EXTENSIONS.

No 41.

No 42.

## HUITIÈME SÉRIE.

N<sup>o</sup> 45.

Exercise N° 45 is a piano piece in 4/4 time, marked *f* (forte). It consists of three systems of two staves each. The first system includes fingerings: 1 2 3 4 5 4 3 2 1 in the right hand and 5 4 3 2 1 2 3 4 5 in the left hand. The piece features continuous eighth-note patterns in both hands, with various slurs and ties. The second system concludes with a whole note in the right hand. The third system continues the eighth-note patterns and ends with a whole note in the right hand.

N<sup>o</sup> 44.

Exercise N° 44 is a piano piece in 4/4 time, marked *f* (forte). It consists of three systems of two staves each. The first system includes fingerings: 1 2 3 4 5 4 3 2 1 in the right hand and 5 4 3 2 1 2 3 4 5 in the left hand. The piece features continuous eighth-note patterns in both hands, with various slurs and ties. The second system concludes with a whole note in the right hand. The third system continues the eighth-note patterns and ends with a whole note in the right hand.

## № 45.

Exercise № 45 is written in 4/4 time. The first system (measures 1-4) begins with a forte (*f*) dynamic. The right hand features a descending eighth-note scale (1-2-3-4-5-4-3-2-1) followed by a series of eighth-note chords. The left hand plays a similar descending eighth-note scale. The second system (measures 5-8) continues the eighth-note patterns in both hands. The third system (measures 9-12) concludes the exercise with a final measure containing a whole note in the right hand and a whole rest in the left hand.

## № 46.

Exercise № 46 is also in 4/4 time. The first system (measures 1-4) starts with a forte (*f*) dynamic. The right hand plays a descending eighth-note scale (1-2-3-4-5-4-3-2-1) followed by eighth-note chords. The left hand plays a descending eighth-note scale. The second system (measures 5-8) continues the eighth-note patterns. The third system (measures 9-12) concludes the exercise with a final measure containing a whole note in the right hand and a whole rest in the left hand.

№ 47.

№ 48.

### NEUVIÈME SÉRIE

(DE L'INDÉPENDANCE DES DOIGTS)

MAIN DROITE SEULE.  
 № 49. Cet accord doit être tenu pendant tout l'exercice.

MAIN GAUCHE SEULE.  
 № 50. tenu.

MAIN DROITE.  
 № 51. tenu.

MAIN GAUCHE.  
 № 52. tenu.

MAIN DROITE.  
 № 53. tenu.

MAIN GAUCHE.  
 № 54. tenu.

7C 55. MAIN DROITE.  
tenu

7C 56. MAIN GAUCHE.  
tenu

7C 57. MAIN DROITE.  
tenu

7C 58. MAIN GAUCHE.  
tenu

### DIXIÈME SÉRIE DES ARPÈGES

7C 59.

7C 60.

## No 61.

Exercise No 61 consists of two systems of piano accompaniment. Each system has a treble and a bass staff. The first system begins with a forte (f) dynamic marking. The music is written in a key with one flat (B-flat) and a common time signature. It features a continuous flow of eighth and sixteenth notes, with fingerings (1-5) clearly marked above and below the notes. The second system continues the pattern, ending with a repeat sign.

## No 62.

Exercise No 62 consists of two systems of piano accompaniment. Each system has a treble and a bass staff. The first system begins with a forte (f) dynamic marking. The music is written in a key with one flat (B-flat) and a common time signature. It features a continuous flow of eighth and sixteenth notes, with fingerings (1-5) clearly marked above and below the notes. The second system continues the pattern, ending with a repeat sign.

## DES NOTES RÉPÉTÉES.

## No 63.

Exercise No 63, titled "DES NOTES RÉPÉTÉES" (Repeated Notes), consists of two systems of piano accompaniment. Each system has a treble and a bass staff. The first system begins with a forte (f) dynamic marking. The music is written in a key with one flat (B-flat) and a common time signature. It features a continuous flow of eighth and sixteenth notes, with fingerings (1-5) clearly marked above and below the notes. The second system continues the pattern, ending with a repeat sign.

## № 64.

Exercise № 64 consists of two systems of four measures each. The first system begins with a treble clef, a 7/4 time signature, and a forte (*f*) dynamic. The melody in the treble staff uses eighth notes with fingerings 2, 1, 2, 1, 2, 1. The bass staff features a similar eighth-note pattern with fingerings 2, 1, 2, 1, 2, 1. The second system continues the eighth-note patterns in both staves, with fingerings 2, 1, 2, 1, 2, 1 in the bass and 2, 1, 2, 1, 2, 1 in the treble. Both systems conclude with a whole note chord in the final measure.

## № 65.

Exercise № 65 consists of two systems of four measures each. The first system begins with a treble clef, a 7/4 time signature, and a forte (*f*) dynamic. The melody in the treble staff uses eighth notes with fingerings 3, 2, 1, 3, 3, 3. The bass staff features a similar eighth-note pattern with fingerings 3, 2, 1, 3, 3, 3. The second system continues the eighth-note patterns in both staves, with fingerings 3, 2, 1, 3, 3, 3 in the bass and 3, 2, 1, 3, 3, 3 in the treble. Both systems conclude with a whole note chord in the final measure.

## № 66.

Exercise № 66 consists of two systems of four measures each. The first system begins with a treble clef, a 7/4 time signature, and a forte (*f*) dynamic. The melody in the treble staff uses eighth notes with fingerings 4, 5, 2, 1, 4, 5, 2, 1, 4, 5, 2, 1. The bass staff features a similar eighth-note pattern with fingerings 4, 5, 2, 1, 4, 5, 2, 1, 4, 5, 2, 1. The second system continues the eighth-note patterns in both staves, with fingerings 4, 5, 2, 1, 4, 5, 2, 1 in the bass and 4, 5, 2, 1, 4, 5, 2, 1 in the treble. Both systems conclude with a whole note chord in the final measure.

## PRÉPARATION AUX OCTAVES.

No 67.

Exercise No 67 consists of two systems of piano accompaniment. The first system contains five measures, and the second system contains five measures. The music is in C major and 4/4 time. Fingerings are indicated by numbers 1-5 above or below notes. A forte (*f*) dynamic is marked in the first measure of the first system.

No 68.

Exercise No 68 consists of two systems of piano accompaniment. The first system contains five measures, and the second system contains five measures. The music is in C major and 4/4 time. Fingerings are indicated by numbers 1-5 above or below notes. A forte (*f*) dynamic is marked in the first measure of the first system. The second system includes the instruction "(Du poignet et sans raideur)".

No 69.

Exercise No 69 consists of two systems of piano accompaniment. The first system contains five measures, and the second system contains five measures. The music is in C major and 4/4 time. Fingerings are indicated by numbers 1-5 above or below notes. A forte (*f*) dynamic is marked in the first measure of the first system.

N<sup>o</sup> 70.

Exercise N° 70 is a piano exercise in C major, 2/4 time. It consists of two systems. The first system has two measures, each with a piano (*p*) dynamic marking. The second system has four measures, with the first two marked *f* (forte) and the last two marked *p*. Fingerings are indicated by numbers 1-5 above or below notes. The exercise focuses on chordal movement and articulation.

N<sup>o</sup> 71.

Exercise N° 71 is a piano exercise in C major, 2/4 time. It consists of two systems. The first system has four measures, with the first two marked *f* (forte) and the last two marked *p*. The second system has four measures, with the first two marked *f* and the last two marked *p*. Fingerings are indicated by numbers 1-5 above or below notes. The exercise focuses on chordal movement and articulation.

N<sup>o</sup> 72.

Exercise N° 72 is a piano exercise in C major, 2/4 time. It consists of two systems. The first system has four measures, with the first two marked *f* (forte) and the last two marked *p*. The second system has four measures, with the first two marked *f* and the last two marked *p*. Fingerings are indicated by numbers 1-5 above or below notes. The exercise focuses on chordal movement and articulation.