

W SHARP. & C? LITH.

50 cts mett

THE ROYAL POLKA.

COMPOSED BY

JULLIEN.

PUBLISHED BY CHARLES BRADLEE & C? BOSTON. 184 Washington S?

JULLIEN'S CELEBRATED

Ρ \mathbf{L} K A 0 **s** .

THIS IS THE ONLY CORRECT DESCRIPTION OF JULLIEN'S POLKA.

The gentleman takes his partner's left hand with his right. Both advance in Balancant on the right, then on the left, alternatively, in such a manner as to find themselves, one measure, nearly vis à-vis, and the other, nearly dos-à-dos. In this position they promenade as if it were round the circle once or twice, the gentleman holding always the lady's hand as at the starting. After one or several rounds, the gentleman leaves the lady's hand to take hold of her by the waist, exactly as in the waltz. They perform thus, FIGURES EN AVANT, then, FIGURES EN TOURNANT, alternatively, observing always the characteristical cadence of the Polka, whose musical rhythm may

be expressed as follows ---



but for an exact choregraphique description of which, the assistance of a professor is indispensible. It is during the execution of the second movement, that is, when performing the figure en avant, and en arriere, that they must both lightly touch the ground with the foot, on each measure, viz.-with the heel when the leg is forward, and with the tip toe when backwards.

In conclusion, four, or at most five lessons, will enable any one acquainted with the general principles of the art of Dancing, to perform the POLKA with the gracefulness and the characteristic agility this national dance requires.

THE ROYAL POLKA.

Composed for the Court Balls

by JULLIEN.





























The Royal Polka.







